



WEEK	DAY	MAINS		SIDES	PUDDINGS
		Meat	Vegetarian		
23rd Sept	Monday	Cheese & tomato pizza (1,3,6,11)	Vegetable tagine & cous cous (3)	½ baked potato, sweetcorn, baked beans	Strawberry Mousse (1)
14th Oct	Tuesday	Mild Chicken curry (1)	Sweet potato & chickpea curry	Lemon & pea rice, broccoli, carrot & courgette	Pear & chocolate marble sponge (1,3,11), chocolate sauce (1)
11th Nov	Wednesday	Roast pork & gravy	Winter casserole cobble (1,3)	Skin-on roast potatoes, cabbage, Winter roots	Rice pudding (1) & jam (12)
2nd Dec	Thursday	Pasta Bolognese (3)	Tomato pasta bake (1,3)	Herby bread (1,3,6,11), carrots, sweetcorn	Oaty apple crumble (3) & custard (1)
6th Jan	Friday	Fish fingers/salmon fishcakes (1,2)	Spinach & cheddar cheese quiche (1,3,11)	Chips, baked beans, peas	Cookie choice (3)
30th Sept	Monday	Mac & cheese (1,3,14)	Vegetable biryani	Broccoli, sweetcorn	Chocolate orange brownie (1,3,11)
28th Oct	Tuesday	Pork sausages (3,12)	Quorn sausage (1,3,11)	Mashed potato, baked beans, peas	Fruit sponge (3,11) & custard (1)
18th Nov	Wednesday	Roast turkey & gravy	Vegetable lasagne (1,3,14)	Roast potatoes, carrots, cabbage	Fruit jelly
9th Dec	Thursday	Beef lasagne (1,3,14)	Tuscan bean stew & cous cous (3)	Garlic bread (1,3,6,11), garden salad, sweetcorn	Fruit salad
13th Jan	Friday	Battered fish (1,2,3)	Cheese & leek pasty (1,3)	Chips, baked beans, peas	Iced carrot cake (1,3,11)
7th Oct	Monday	Margherita pizza (1,3,6,11)	Vegetable chilli & rice	Baked potato wedges, baked beans, sweetcorn	Cherry shortbread (3)
4th Nov	Tuesday	Moroccan chicken	Mediterranean pasta bake (1,3)	Rice, broccoli, Winter salad	Orchard goodie (3) & custard (1)
25th Nov	Wednesday	Roast gammon & gravy	Spinach & pepper souffle potato (1,11)	Roast potatoes, cauliflower, carrots	Chocolate mousse (1)
16th Dec	Thursday	Chicken pie & gravy (3)	Quorn sausage & bean casserole (1,3,11)	Mashed potato (1), peas, root vegetables	Fruit salad
20th Jan	Friday	Fish fingers (1,2)	Mixed bean wrap (3)	Chips, sweetcorn, baked beans	Ice cream (1) or yoghurt (1)



Allergen Key: 1. Milk, 2. Fish, 3. Gluten, 4. Peanuts, 5. Tree nuts, 6. Soya, 7. Sesame, 8. Lupin, 9. Shellfish, 10. Molluscs, 11. Egg, 12. Sulphite, 13. Celery, 14. Mustard

MENU IS SUBJECT TO CHANGE SHOULD INGREDIENTS BE UNAVAILABLE